

WHAT'S COVERED

Extra Benefits

Your SummaCare plan covers additional benefits beyond medical coverage. See the following pages and your Schedule of Benefits included in this handbook for additional details.



Prescription Drug Coverage

Your plan conveniently includes prescription drug coverage through our nationwide network of retail pharmacies and a mail-order pharmacy option.



Vision Discount

Your plan includes vision discounts through EyeMed. Receive unlimited vision discounts on routine eye and contact lens exams, frames, contact lenses, LASIK vision correction and more.



Durable Medical Equipment and Diabetic Supplies

When prescribed by your physician, durable medical equipment including wheelchairs, crutches and hospital beds and diabetes supplies are in your plan when ordered through HOMELINK.



Preventive Health Screenings

Prevention is key! Reminders for preventive services and other recommended care for common conditions will be sent to you.



Health & Wellness Programs and Services

Your SummaCare plan includes valuable health and wellness resources, programs, services and discounts to help you feel your best.

Prescription Drug Coverage

Prescription drugs are an essential health benefit and are included with your medical coverage. You can obtain prescription drugs from pharmacies contracted with SummaCare located throughout the service area. You may also use mail-order pharmacy services for maintenance medications.

Managing Your Prescription Drug Benefits

Visit summacare.com to:

- Find Your Drug
- Find Your Pharmacy
- Download a MedImpact Direct Medication Order Form (also in the back of this handbook)

Generic vs. Brand Name Drugs

Our outpatient prescription drug benefit is a generic-based program. You will receive a generic drug unless no generic equivalent exists or the prescribing physician indicates that there cannot be a generic substitute for a specific brand name product. In this case, you will pay the generic copay, plus the cost difference between the brand and the generic. All generic drugs approved by FDA have the same high-quality, strength, purity and stability as brand name drugs. If you choose to get a brand name medication where a generic exists, you will pay 100% of the cost of the medication.

You may save money on your long-term maintenance drugs (drugs you use for 3 months or more) by ordering a 90-day supply. 90-day supply of generic and brand maintenance drugs are available at retail pharmacies who participate in our Choice 90 program and through our mail-order pharmacy. Check your plan benefits for details.

Prior Authorization

Some medications require prior authorization, step therapy or have quantity limits. This means your physician needs to complete a Medication Request form including appropriate medical information and submit it as directed so proper assessment can be made of the need for the prescription. Learn more at summacare.com

Mail-Order Pharmacy Services

SummaCare has contracted with MedImpact Direct for easy-to-use pharmacy delivery services that work with your SummaCare pharmacy benefits. Use MedImpact Direct for medications you take regularly, for both new prescriptions and refills. This benefit can save you money and time by eliminating trips to the pharmacy, ordering fewer times per year and having prescriptions delivered to your door. To register, please do one of the following:



Call 855.873.8739 (TTY 711)



Mail the enclosed form

(located at the back of this handbook)
MedImpact Direct
PO Box 51580
Phoenix, AZ 85076-1580



Enroll online

at medimpactdirect.com

Specialty Pharmacy

SummaCare has contracted with Summa Health Specialty Pharmacy for specialty medications and services to individuals with chronic or complex conditions.

Vaccinations

Select vaccinations are covered under your prescription drug benefit at \$0 copay when administered at network pharmacies and at your SummaCare PCP*. Please refer to your formulary for vaccines covered under your prescription drug benefit and to see what restrictions apply. A list of network pharmacies and doctors can be accessed online when you visit **summacare.com**. Talk to your doctor to determine which vaccines are appropriate for you.

* Please refer to your plan documents to determine if an office visit copay may apply for other services received during the same SummaCare PCP visit.

Health & Wellness

Your SummaCare plan includes valuable health and wellness resources, programs, services and discounts to help you feel your best.

WebMD® Health Manager

Through our partnership with WebMD®, online tools make it easy to get started on your journey to improved health. Begin by registering for the online Health Manager and taking the HealthQuest survey, a health-risk appraisal tool developed by WebMD® that generates an electronic personal health record. You can save it, print it and give a copy to your healthcare provider.

When your HealthQuest survey is complete, you will receive immediate feedback on potential health risks and behaviors that may help reduce those risks. Based on your survey results and selected interests, you will also receive unlimited health news and education on a customized home page, online health coaching and access to the valuable Symptom Checker.

Log in and register today!

- Have your Member ID card ready and visit summacare.com/plancentral.
- If you are a new user, click "Member Registration" and fill in the required fields.
- Click on "My Resources" then the WebMD button.
- Take the HealthQuest Survey and begin your journey to improved health.

To access WebMD Health Manager, log in to Plan Central at summacare.com/plancentral, then click on "My Resources." If you would like more information about the WebMD Health Services Management, please call SummaCare Health Services Management at **877.888.1164 (TTY 800.750.0750)**.

Care Management

Members needing more specialized care have access to a Care Manager, a registered nurse, who will serve as a personal guide for assistance and education in managing multiple conditions and coordination of needed services and resources. To learn more, call SummaCare Health Services Management at **877.888.1164 (TTY 800.750.0750)**.

Health and Wellness (Continued)

Condition Management

SummaCare's Condition Management programs provide helpful tools and resources for members. These programs provide specialized services for members diagnosed with asthma, depression, diabetes, heart failure and chronic kidney disease. SummaCare partnered with Medtronic to offer Healthy Home Monitoring for target chronic conditions. You may receive a call from Medtronic offering enrollment into this in-home monitoring program. To learn more, call SummaCare Health Services Management at **877.888.1164 (TTY 800.750.0750)**.

Health Coaching

Health coaching is a one-on-one service used to help members with lifestyle modifications to prevent future chronic diseases. A health coach will help identify at-risk behaviors and provide suggestions to improve the member's wellness. Call **877.888.1164 (TTY 800.750.0750)** for more information.

Gym Membership Discounts

As a SummaCare member, you have access to GlobalFit's Gym Network 360, which can help you make your wellness goals a reality. Receive discounts on gym memberships, healthy eating programs, vitamins and more. Visit **globalfit.com/summacare** to activate your benefit and to find a gym near you.

DiabetesCare

Free diabetic testing supplies are available to our members, when ordered through HOMELINK, using Abbott and/or Lifescan products, at **844.358.2549 (TTY 800.750.0750)** along with free diabetes education at any in-network provider with no co-pay or deductible costs. Members also have access to additional online resources through WebMD, such as blood sugar trackers, diabetes assessment and health education.

QuitCare

SummaCare offers support to members who are ready to quit smoking. The best part? It's free and easy to get started! Quitting specialists will enroll members in the FREE QuitCare counseling program. Members may also choose to receive FREE nicotine replacement patches. Simply pick up the phone and call **877.471.2101 (TTY 888.229.2182)**.

Enhanced Benefits

Diabetes Treatment:

- Free insulin at a Summa+ pharmacy
- Free Tier 1 oral diabetes drugs at a Summa+ pharmacy
- One free specialty eye exam per year at a Summa+ optometrist or ophthalmologist
- Free A1C tests and annual kidney screening from a Summa+ provider and lab

Hypertension Treatment:

- Free Tier 1 antihypertensive drugs at a Summa+ pharmacy
- Free annual Basic or Comprehensive Metabolic Panel (BMP/CMP) test from a Summa+ provider and lab

A list of Tier 1 medications can be found on **summacare.com** by clicking on "Find Your Drug," then "Through My Employer" and choose "2021 Commercial Prescription Drug Formulary" at the drop down box or by calling **844.751.0436**.